

Mental Health Support : STAR Team

There is always someone to help!
Do you need immediate emergency help?
Mental Health Crisis Hotline 1-800-341-5040



The STAR Team can help students with . . .

- Grief and Loss
- Drugs and Alcohol
- Problems at Home
- Relationship Issues
- Depression/Loneliness
- Suicidal Thoughts

Team members include:

Mrs. Anderson mailto: HAnderson@jefftech.us

Mrs. Askey mailto: MAkey@jefftech.us

Mrs. Basile mailto: RDBasile@jefftech.us

Mr. Bovaird mailto: BJBovaird@jefftech.us

Ms. Dragich mailto: AADragich@jefftech.us

Mr. Hoare mailto: RDHoare@jefftech.us

Mrs. Malissa Martino, Representative from Clearfield Jefferson Drug and Alcohol Commission

Mrs. Mowrey mailto: MKMowrey@jefftech.us

Mrs. S. Smelko mailto: SMSmelko@jefftech.us

Mrs. Stewart mailto: ADStewart@jefftech.us

Mrs. Thompson mailto: CThompson@jefftech.us

Mr. Wyant mailto: MWyant@jefftech.us

Officer Tangren School Resource Officer

Questions & Answers

Q: How do students get referred to the STAR team?

A: A student can be self-referred, or referred by another student, teacher, counsellor, nurse, parent or administrator.

Q: What does a referral mean?

A: Once a student is referred to the STAR team, a data collection is started to identify a students strengths and weaknesses. Parents are contacted and a team decision is made to decide if the student needs help.

Q: What kind of help is available?

A: Drug and Alcohol Counselling, Mental Health Counselling, Support groups, In school counselling, mentoring, tutoring, etc.

If you have any questions or feel that your child may benefit from STAR Team participation, please feel free to contact Ms. Donna Overman, Nurse at 814-653-8265 ext 168

If STAR Team participation is desired, please contact School Nurse: Diane Overman dloverman@jefftech.us

Need help with specific issues facing youth and families?

- [CLICK HERE](http://www.stopbullying.gov/) for information about BULLYING - (<http://www.stopbullying.gov/>)
- [CLICK HERE](http://www.cdc.gov/tobacco/youth/index.htm) for Youth Tobacco Prevention information – (<http://www.cdc.gov/tobacco/youth/index.htm>)
- [CLICK HERE](http://www.cdc.gov/tobacco/youth/index.htm) for Youth Tobacco Prevention information – (<http://www.cdc.gov/tobacco/youth/index.htm>)
- [CLICK HERE](http://www.nlm.nih.gov/medlineplus/underagedrinking.html) for Underage Drinking information – (<http://www.nlm.nih.gov/medlineplus/underagedrinking.html>)
- [CLICK HERE](http://www.abovetheinfluence.com/facts/drugfacts) for Information about Drug Use – (<http://www.abovetheinfluence.com/facts/drugfacts>)

USEFUL WEBSITES FOR PARENTS:

<http://www.sprc.org>

<http://www.drugfree.org>

<http://www.drugabuse.gov/PDF/CADChart.pdf>

<http://www.teens.drugabuse.gov/peerx/>

<http://www.drugabuse.gov/sites/default/files/sciofaddiction.pdf>